

## USING AN ACTIVITY-BASED MODEL TO EXPLORE POSSIBLE IMPACTS OF AUTOMATED VEHICLES

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**1 ABSTRACT**

2 Automated vehicles (AV) may enter the consumer market with various stages of automation in  
3 ten years or even sooner. Meanwhile, regional planning agencies are envisioning plans for time  
4 horizons out to 2040 and beyond. To help decision-makers understand the impact of this  
5 technology on regional plans, modeling tools should anticipate automated vehicles' effect on  
6 transportation networks and traveler choices. This research uses the Seattle region's existing  
7 activity-based travel model to test four scenarios which reflect different ways AV technology  
8 might conceivably impact travel behavior. The existing model was not originally designed with  
9 automated vehicles in mind, so some modifications to the model assumptions are described in  
10 areas of roadway capacity, user values of time, and parking costs. Larger structural model  
11 changes are not yet considered. Results show that improvements in roadway capacity and in the  
12 quality of the driving trip may lead to large increases in vehicle-miles traveled, while a shift to  
13 per-mile usage charges may counteract that trend. Travel models will need to have major  
14 improvements in the coming years, especially with regard to shared-ride, taxi modes, and the  
15 effect of multitasking opportunities, to better anticipate the arrival of this technology.

## 16 INTRODUCTION

17 Automated vehicles (AVs) are under development by major car manufacturers and technology  
18 firms, and may enter the consumer market with various stages of automation in ten years or even  
19 sooner (KPMG and CAR 2014). Meanwhile, regional planning agencies are envisioning plans  
20 for time horizons out to 2040 and beyond. Within the time horizon of the plans, AVs may  
21 significantly alter transportation choices, impacting regions' planning goals. To understand  
22 future travel patterns, modeling tools should anticipate automated vehicles' impact on  
23 transportation networks and traveler choices.

24

25 In the latest long-range regional plan, the Puget Sound Regional Council (PSRC) (2010)  
26 established goals to guide the region toward healthy growth, including:

27

- 28 • improving safety and mobility,
- 29 • reducing greenhouse gas emissions and congestion,
- 30 • focusing growth in already urbanized areas to create walkable, transit oriented  
31 communities,
- 32 • preventing urbanization of rural and resource lands, and
- 33 • helping people live happier and more active lives.

34

35 These goals reflect statewide legislation from Washington State's Growth Management Act as  
36 well as federal aims outlined in Moving Ahead for Progress in the 21st Century Act (MAP-21).  
37 Self-driving cars could impact all these focus areas, so anticipating their adoption is imperative  
38 to maintaining timely and informed regional plans.

39

40 This paper considers modelling techniques to measure the impacts of self-driving cars using an  
41 activity-based model, and explores how modeling capabilities must be improved to better answer  
42 questions related to this new technology. Since there is so much uncertainty around the future of  
43 AVs, several model scenarios are created to consider broad impacts of self-driving vehicle  
44 adoption in the Puget Sound region of Washington State. These scenarios clearly stretch current  
45 model capabilities, and depend on highly uncertain inputs. However, it is still useful to test the  
46 existing models in order to start a conversation with planners and decision-makers, as well as to  
47 highlight shortcomings in our existing methods to modelers. The aim of this paper is not to  
48 accurately predict the future impacts of automated vehicles, but rather to develop appropriate  
49 ways of evaluating a range of potential impacts on regional transportation.

50

## 51 BACKGROUND

52 Automated vehicles could drastically change traffic flow, up-ending long-held assumptions  
53 about maximum roadway capacity and volume-delay functions. Vehicle-to-vehicle coordination  
54 systems allow cars to travel with much shorter headways, enabling higher volumes at high  
55 speeds. If AVs also reduce collision rates, non-recurrent congestion would decrease as well.  
56 FHWA (2013) estimates that 60% of all congestion is attributed to non-recurring sources such as  
57 crashes and other vehicle-roadway mishaps, suggesting that a safer, more coordinated fleet could  
58 reduce delay and support more consistent travel times. Even partially-autonomous vehicle  
59 capabilities may increase roadway capacity. Tientrakool et al.(2011) estimate that highway

60 capacity could be increased by 43% using vehicle sensors and up to 273% with vehicle-to-  
61 vehicle communications. Shladover et al. (2013) estimate that vehicle-to-vehicle coordination of  
62 adaptive cruise control could increase capacity by 21% with 50% of all vehicles using the  
63 technology, or up to 80% capacity increase with a 100% coordinated vehicle fleet, based on  
64 empirical testing. Fernandes and Nunes (2012) estimate that capacity could increase as much as  
65 five-fold for platoons traveling around 45 miles per hour. More efficient fleets could be  
66 represented as additional roadway capacity, which can be represented very easily in existing  
67 travel models.

68  
69 To date, few regional-scale modeling efforts have addressed potential impacts of AVs. Gucwa  
70 (2014) tested some capacity-altering assumptions on regional VMT in the San Francisco Bay  
71 Area using the Metropolitan Transportation Commission's activity-based travel model. Gucwa's  
72 results suggest that doubling capacity only increases region-wide VMT by around 1%, but does  
73 significantly reduce peak congestion. Gucwa found that changing users' values of time had much  
74 more impact on VMT than capacity changes, and estimated the Bay Area's VMT would increase  
75 between 8% and 24%, depending on how automated vehicles users' time values changed.

76  
77 Gucwa's findings suggest that changes in user behavior may have large effects on regional travel  
78 as vehicle fleets become more automated. Gucwa, and many others, assume that being driven by  
79 a robotic vehicle will eventually be less stressful than piloting one's self through concentration-  
80 demanding and chaotic congestion, thus making travelers less averse to in-vehicle time. Rather  
81 than focusing on complicated navigation skills, travelers could spend time relaxing or working,  
82 perhaps reducing the disutility placed on travel time. Since AVs are a new technology, the exact  
83 influence of such attributes relative to travel time in these vehicles is unknown. However, these  
84 factors are similar in nature to non-traditional transit attributes that often contribute to both mode  
85 choice and route choice (Outwater et al. 2013). These attributes, such as comfort, reliability and  
86 amenities like Wi-Fi, have proven difficult to explicitly represent in travel models. Instead,  
87 through empirical methods, travel models can represent the utility associated with these  
88 attributes through adjustments in travel time. Similarly, we can attempt to model the behavioral  
89 changes that may arise from AVs by making assumptions about the equivalent perceived travel  
90 time reductions that may result from ancillary factors.

91  
92 Many other aspects of AV technology may affect traveler behavior as well, including costs,  
93 vehicle availability and ownership, and parking price and location. Since more technical  
94 infrastructure will be required to operate and manage self-driving cars, usage could more easily  
95 be tracked per mile, making VMT-based taxes and pay-as-you-drive insurance policies more  
96 realistic policy tools for personal vehicles. This pricing strategy could reduce overall VMT, as  
97 frequently-forgotten fixed costs such as insurance, licensing, and registration fees are replaced  
98 with more transparent marginal costs for every trip (Parry and Small 2005, Nichols and  
99 Kockelman 2014). Shared autonomous vehicles would likely offer per-mile rates as well,  
100 echoing existing business models from hired rideshare services like Uber and Lyft. Shared AVs  
101 may become a popular service, since on-demand automated pickups would reduce the need to  
102 own and thus store a personal vehicle. Depending on the technology's development, many could  
103 find owning a personal driverless vehicle too costly, relying on occasional pickups by shared  
104 automated vehicles.

105

106 AVs may reduce the need for close-by parking as vehicles could conceivably self-park in  
107 cheaper, more distance parking locations (Fagnant and Kockelman 2013). This behavior could  
108 alter fixed costs at trip ends, reducing driving costs that lead to mode shifts or more automobile  
109 travel to areas with high parking cost. Aside from altering destination choices and mode choice,  
110 this behavior may also increase VMT as empty vehicles are sent for pickup and parking by  
111 owners or users in a shared system. Some of these impacts can be easily modeled by simply  
112 reducing parking costs in all zones, but accounting for increased VMT requires more knowledge  
113 on parking cost, location, and trip tour timing.

114  
115 VMT will likely increase as new users and more (perhaps longer) trips are induced from more  
116 efficiently-operated roadways. Baseline demand consistently increases after congestion is  
117 reduced with capacity expansion or operational improvements (see Cervero 2001 and Litman  
118 2014b for meta-analyses of induced travel studies). Additionally, as in-vehicle time is less  
119 stressful, travelers may be willing to tolerate slower travel times and longer travel distances,  
120 adding more congestion still.

121  
122 Fully autonomous vehicles may provide new mobility opportunities to those unable or unwilling  
123 to drive a vehicle themselves, especially unlicensed young people, the physically impaired, and  
124 some senior citizens. These user groups may be able to make more trips, access more  
125 destinations, and rely on modes other than shared rides, public transit, and taxi. The amount of  
126 additional mobility provided by AVs depends on mode shifts for non-drivers. Affordable,  
127 competitive trips provided by a personal or shared AV would likely improve the opportunities a  
128 non-driver could access, especially in more suburban, automobile-oriented contexts.  
129 Understanding how different groups are affected by AV developments is important to  
130 understanding regional mobility and accessibility to jobs and resources.

131  
132 Altogether, impacts of autonomous vehicles are highly speculative. Future impacts depend on  
133 technological development, market reactions, and regulatory actions, making it challenging to  
134 confidently predict impacts to regional transportation systems. With so many unknown and  
135 potential effects of AVs, it is challenging to anticipate long-term effects with certainty. However,  
136 some of these impacts should be considered early on, to understand model sensitivity and  
137 develop feasible analysis boundaries. With these analyses, agencies can prepare more dynamic  
138 long-range plans, by defining and evaluating some rational futures and exploring most likely  
139 scenarios as technologies appear and mature.

140

## 141 **MODEL SCENARIOS**

142 To model potential impacts from automated vehicles in the Puget Sound region, four scenarios  
143 are considered. The following sections explore ways to model some of the impacts mentioned  
144 above and to provide guidance for other regions interested in planning for automated vehicle  
145 futures.

146

147 PSRC's activity-based travel model called SoundCast was applied to test the possible impacts of  
148 automated vehicles. SoundCast includes a travel demand component written in the Daysim  
149 software. SoundCast simulates individual travel choices across a typical day (PSRC 2014). These

150 choices include long-term choices like work location and auto-ownership, as well as shorter-term  
151 choices like mode choice and route choice. Inputs to the model include parcel-based locations of  
152 households and jobs, and highway and transit networks.

153  
154 The scenarios have all been modeled using the base year of 2010, to avoid forecasting market  
155 penetration scenarios or speculation on business models or technology development over time.  
156 Using the most recent base year also helps focus the analysis directly on AVs, and avoids  
157 uncertainties in future growth and changes to the transportation system. This isolation is useful to  
158 understand some model behaviors and helps develop basic guidelines for evaluating automated  
159 vehicles. As these analyses mature, future years should be evaluated for more comprehensive  
160 case studies.

161  
162 These scenarios explore how driverless cars can influence demand through changes in capacity,  
163 perceived travel time, parking cost, and operating cost. They are described separately below.  
164

### 165 ***Scenario 1: Increased Capacity***

166  
167 *“AVs use existing facilities more efficiently.”*  
168

169 The first scenario reflects operational improvements from full or partial vehicle automation. This  
170 scenario is modeled by increasing the hourly capacity coded on roadway network links and  
171 captures one major impact of AVs on a roadway network. While it’s currently unclear what  
172 magnitude of capacity increase is likely, based on cited research a 30% increase represents a  
173 modest result from AV adoption. All freeway and major arterial capacities are increased by 30%.

174

### 175 ***Scenario 2: Increased Capacity and Value of Time Changes***

176  
177 *“Important trips are in AVs.”*  
178

179 Scenario 2 builds upon the first scenario by assuming that, along with capacity improvements  
180 from AV use, individuals using the AVs will perceive the time in them less negatively than time  
181 spent driving in regular vehicles. The scenario envisions the point in time that AVs have only  
182 been partially adopted, and only by higher income households. As with many new technologies,  
183 the initial price will most likely only be attractive to higher income households. Considering that  
184 the current cost of self-driving GPS technology alone is around \$70,000, (KPMG and CAR  
185 2012) adoption may be among high-income households for some time to come. This assumption  
186 follows existing adoption patterns of more expensive cutting-edge vehicles such as hybrid and  
187 electric vehicles. For example, Hjorthal, (2013) showed that early adopters of electric vehicles  
188 were households with high income, owning more than one car, and used mainly to complement a  
189 conventional car for commutes. Petersen and Vovsha (2005) found that higher income house-  
190 holds tend to utilize newer vehicles, and among household members, the new vehicles are  
191 allocated to workers at a higher rate than retirees and school children of driving age. A similar  
192 trend might initially occur with AVs adoption. High income households might purchase one of

193 these vehicles, where it would be used for work and other important trips, while regular vehicles  
194 would supplement for other, less important uses.

195  
196 To test this scenario, modeled travel time was changed. In assignment, trip-based VOTs are  
197 reduced by 65% for highest-income households, from \$24 to \$15.60/hour. Then in the demand  
198 models, the automobile travel time was directly modified to be 65% of skimmed travel time in  
199 the skims for the high value of time trips. In other words, a weight of 0.65 was applied to travel  
200 time for auto trips with a high value of time. This travel time reduction reflects empirical results  
201 from the Puget Sound, comparing preference for commuter rail lines versus local bus options,  
202 where bus trips offer similar or shorter trips times, yet travelers opt for commuter rail, perhaps  
203 for a more comfortable ride, consistent scheduling, or some other un-modeled biases. The  
204 existing model accurately predicts commuter rail ridership when perceived time on commuter  
205 rail is set at 65% of time on public bus. This scenario represents a similar but not equivalent  
206 situation, in which travel time is perceived as less onerous between urban driving and sitting in a  
207 self-driving vehicle. This behavior, of course, has not been revealed or even stated by drivers and  
208 at this point is speculation based on other modes of transport.

209  
210 Reduction in travel time has implications throughout the modeling chain. Travel time is a  
211 variable in the following models: daily activity pattern, mode choice, destination choice, and  
212 time of day choice. Because travel times are perceived as shorter, people will be willing to travel  
213 further distances to work and school. They will also be willing to travel in more congested  
214 conditions at peak hours, and may take more trips to do non-mandatory activities like eating  
215 meals and shopping.

216

### 217 ***Scenario 3: Increased Capacity, Value of Time Changes, and Reduced Parking Costs***

218

219 *“All cars are self-driving, and none are shared.”*

220

221 The third scenario uses assumptions similar to the previous scenario, but takes them a step  
222 further to assume that all cars are self-driving. The scenario envisions the progression of the AVs  
223 transitioning from high-income early adopters to total market penetration. This progression  
224 would be similar to many new technologies like cell phones or the Internet that became  
225 affordable through innovation and economies of scale. Since everyone is assumed to use an AV  
226 in this scenario, travel time is reduced to 65% of skimmed travel time, for *all* trips, not just high-  
227 VOT trips as in Scenario 2. In this scenario, all travelers, for all trip purposes, enjoy the benefits  
228 of robot chauffeurs. As in the previous scenarios, freeway and major arterial capacity is  
229 increased by 30%.

230

231 A third adjustment is also made for this scenario; parking costs are reduced by half to reflect  
232 AVs self-parking in cheaper locations or better utilizing existing space (e.g., parking capacity  
233 can be increased on existing lots since no room for driver access is required, thus increasing  
234 supply of spaces and reducing costs). This change is made only in zonal parking costs and does  
235 not capture VMT generated from vehicles seeking distance parking spaces or even roaming the  
236 streets waiting for pickup commands. More detailed models could be developed to capture this  
237 behavior and could form an independent research topic.

238 **Scenario 4: Per-mile Auto Costs Increased**

239  
240  
241

*“All auto trips are in a shared AV. No one owns a personal vehicle.”*

242 The final scenario considers a counterpoint situation in which AVs have become so common,  
243 and shared AVs systems so effective, that personal AV ownership is no longer necessary.  
244 Mobility is perhaps treated as a public utility, where all trips are provided by a taxi-like system at  
245 a set rate. It is assumed that the system provides the same service as a personal automobile, but  
246 comes at a higher per-mile rate. A rate of \$1.65/mile was chosen to reflect current ride-sharing  
247 taxi services. This rate reflects 2014 per-mile pricing from Uber (2014) in Seattle. The per-mile  
248 costs are a large increase from current total costs of around 60 cents/mile (AAA 2013) and even  
249 less than marginal driving costs of 15 cents in PSRC’s model. This user cost is not intended to  
250 reflect the actual cost of providing this hypothetical service—which in the Uber example would  
251 be much lower than current Uber rates if no drivers were needed—but instead reflects a  
252 counterpoint scenario where system costs or perhaps some abstract regulation fees bumped the  
253 user cost up.

254  
255 No capacity increase is assumed in this scenario, to reflect a worst-case scenario in which the  
256 AVs provide no additional capacity (perhaps due to regulations preventing close car following,  
257 for example). Table 1 summarizes these four scenarios for quick reference.

258  
259  
260

**Table 1. Scenario Definitions.**

Scenario 1	Scenario 2	Scenario 3	Scenario 4
<i>“AVs increase network capacity.”</i>	<i>“Important trips are in AVs”</i>	<i>“Everyone who owns a car owns an AV.”</i>	<i>“All cars are automated and priced per mile, like a rideshare service.”</i>
30% capacity increase on freeways, major arterials	30% capacity increase on freeways, major arterials	30% capacity increase on freeways, major arterials	
	Travel time is perceived at 65% of actual travel time for high value of time household trips (>\$24/hr.)	Travel time is perceived at 65% of actual travel time for <b>all</b> trips	
		50% parking cost reduction	
			Cost per mile is \$1.65

261  
262

263 **RESULTS**

264 The model outputs from Scenarios 1-4 are compared to the 2010 baseline to investigate the  
265 potential impacts of the new technology. Table 2 shows the scenario results for typical measures  
266 output by travel models. All the scenarios with a capacity increase indicate increased vehicle  
267 miles travelled (VMT), ranging from around 4 % to 20%. However, only one of the three  
268 capacity-increase scenarios showed an increase in vehicle hours traveled (VHT). In the first two



269 scenarios, the additional network capacity offsets the additional vehicle miles by allowing  
 270 vehicles to travel at a faster speed. In the third scenario, however, the reduction in perceived  
 271 travel time on all trips to 65% of the actual time, along with reduced parking costs induced so  
 272 much additional demand that the benefits from increase in capacity was offset.

273 **Table 2. Scenario Results, Base Year 2010, Summaries by Average Travel Day.**

Measure	Value	Base	1	2	3	4
VMT	Total Daily	78.7 M	81.5 M	82.6 M	94.1 M	50.8 M
	<b>% Change</b> (Versus Base)	--	<b>3.6%</b>	<b>5.0%</b>	<b>19.6%</b>	<b>-35.4%</b>
VHT	Total Daily	2.82 M	2.72 M	2.76 M	3.31 M	1.67 M
	<b>% Change</b>	--	<b>-3.9%</b>	<b>-2.1%</b>	<b>17.3%</b>	<b>-40.9%</b>
Trips	Trips/Person	4.1	4.2	4.2	4.3	4.1
Distance (miles)	Average Trip Length	6.9	7	7.2	7.9	5.8
	Work Trips	12.4	12.9	12.9	20	11.5
	School Trips	5.8	5.8	5.8	6.7	4.7
Delay (1000 hours)	Daily Average	846.0	700.0	727.2	996.1	350.2
	Freeways	288.1	201.2	218.3	338.7	56.4
	Arterials	557.9	498.8	508.9	657.5	293.8
Speed (mph)	Daily Average	27.9	30	29.9	28.4	30.4
	Freeways	40	44.7	44.2	40.8	49.2
	Arterials	22.5	23.2	23.1	22.3	24.3
Mode (%)	SOV Share	43.7	43.7	42.7	44.8	28.7
	Transit Share	2.6	2.7	2.7	2.4	6.2
	Walk Share	8.6	8.6	8.4	6.8	13.1

274  
 275  
 276

277 Note that in all three of the capacity-increase scenarios the average network speed is higher than  
 278 the base scenario by about one or two miles per hour. The vehicle-hours of delay are reduced by  
 279 about 150,000 vehicle hours in the first scenario and 100,000 vehicle hours in the second  
 280 scenario, but VHT and delay are both increased in Scenario 3 as VMT increases nearly 20%.

281 This surge in VMT corresponds to about 150,000 hours extra delay and about 17% more vehicle  
 282 hours. The increase in delay reflects the system-wide assumption of reduced perceived travel  
 283 time, where people are less averse to delay and thus more willing to tolerate congestion.  
 284

285 The additional vehicle miles result mostly from an increase in the number of trips and an  
286 increase in the length of the trips. SoundCast includes sensitivity to travel time in the daily  
287 activity pattern, exact number of tours, and intermediate stop models that predict the number of  
288 trips people take. As perceived and actual travel time is reduced, the number of trips people will  
289 take will increase because of a negative coefficient on travel time. For trip lengths, the  
290 destination choice models have a negative coefficient on travel time, so users will travel farther if  
291 the perceived travel time is reduced. In Scenario 3, average distance to work increases  
292 dramatically to 20.0 miles, from a base of 12.4 miles. Much of this increase may be due to some  
293 curious geographical quirks of our region: with less onerous drive time, some drivers may be  
294 choosing to follow a circuitous path around Puget Sound instead of utilizing the shorter car-ferry  
295 option across the Sound into downtown Seattle. In this scenario, total vehicle miles also increase  
296 as travelers switch modes from transit and walking to single occupancy vehicles; transit shares  
297 decrease around 9% and walk shares decline 21%.

298  
299 Scenario 4 serves as counterpoint to Scenarios 1-3, to explore other ways in which AV could  
300 affect regional transportation. This scenario is optimistic towards AV adoption and use; shared  
301 AVs make owning a vehicle unnecessary, but travel is priced rather high (up to \$1.65 per mile  
302 versus 15 cents in the base), such that many trips are suppressed or trip lengths shortened.  
303 Pessimism is assumed for operational benefits; AVs are thought to be used so widely in this  
304 scenario that operational benefits are saturated, and no capacity increases are realized. If  
305 increased per-mile costs were applied to all trips, model results suggest VMT may be reduced as  
306 much as 35% versus the base. Vehicle-hours are similarly reduced by over 40%. Though  
307 numbers of trips per person are very similar across all scenarios, Scenario 4 indicates travelers  
308 will generally opt for shorter trips – average trip lengths are down 15% versus the base and over  
309 25% less than Scenario 3, where average trip lengths are the longest of all scenarios. Scenario 4  
310 results also suggest taxi-like pricing would cut drive-alone mode shares by a third, while transit  
311 and walk modes might increase by 140% and 50%, respectively. Though some travel could be  
312 suppressed in this scenario, the overall network performs better than the base or any other  
313 scenario. Delay is less than half that in the baseline, and freeway speeds are nearly 10 mph faster  
314 than the base.

315

### 316 **Geographic Distribution of Results**

317 Aside from general network performance, model results can be used to provide insight into the  
318 spatial distribution of possible effects from AV. Figures 1 and 2 visualize geographic distribution  
319 results of the most “aggressive” automated car future, Scenario 3. In this analysis, an  
320 accessibility metric called “aggregate tour mode-destination logsums,” or simply “aggregate  
321 logsums,” is used. Aggregate logsums are household-based measures of accessibility, calculated  
322 as the sum of the expectation across all possible locations, across all modes (Bowman and  
323 Bradley, 2006). The aggregate logsums are calculated separately for households grouped by  
324 income, vehicle availability, and transit accessibility, and separately by purpose. A fairly typical  
325 household type was selected for analyses in Figures 1 and 2: a medium-income household  
326 located within ¼ - ½ mile of transit, owning some vehicles, but fewer vehicles than adults.

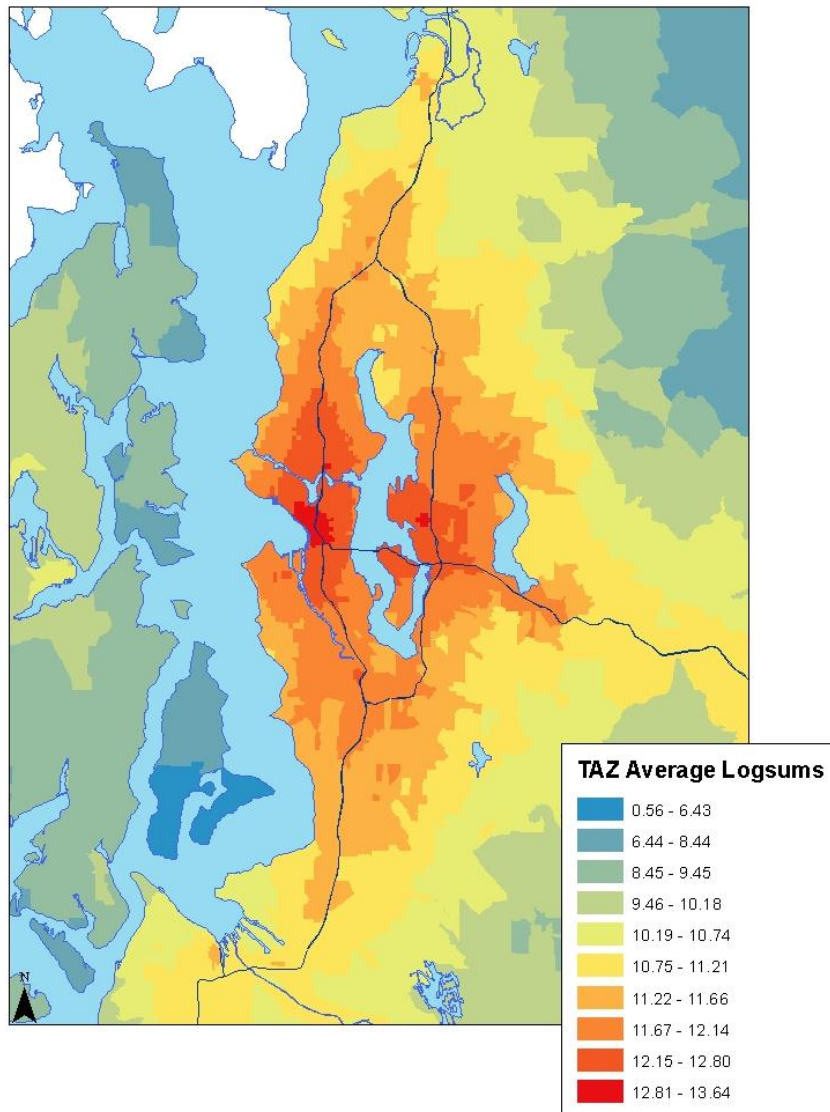
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328 As a reference, Figure 1 displays the home-based total aggregate logsums for the base case in  
329 Puget Sound for 2010. The map shows that the most accessible areas are located in denser areas,

330 towards the center of the region, along major transportation corridors and urban cores of  
 331 downtown Seattle and Bellevue.

332

333



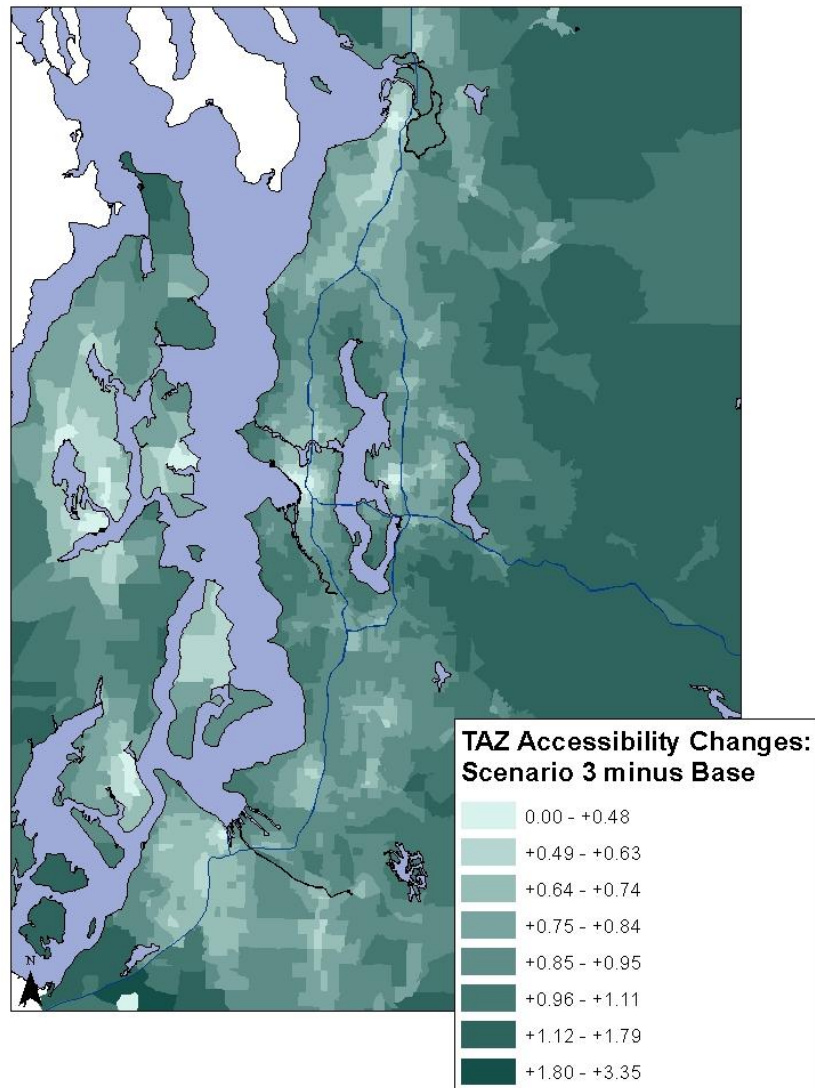
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**Figure 1. Measuring Accessibility: Aggregate Logsums for Base Year 2010.**

336 Figure 2 shows that with capacity increases and a reduction in the perception of travel time as in  
 337 Scenario 3, perceived accessibility would be higher for most households, but especially higher  
 338 for more remote, rural households. Note that perceived accessibility increases for *all* households,  
 339 but especially for households in less urban areas. Two groups were selected to analyze how  
 340 different income groups would be impacted: one low income group and one high income group.  
 341 For the low income group, the percent change in aggregate logsums was 8.5% between the base  
 342 scenario and Scenario 3. For the high income group, the percent change in aggregate logsums  
 343 was about the same at 8.9% between the base scenario and scenario 3.

344

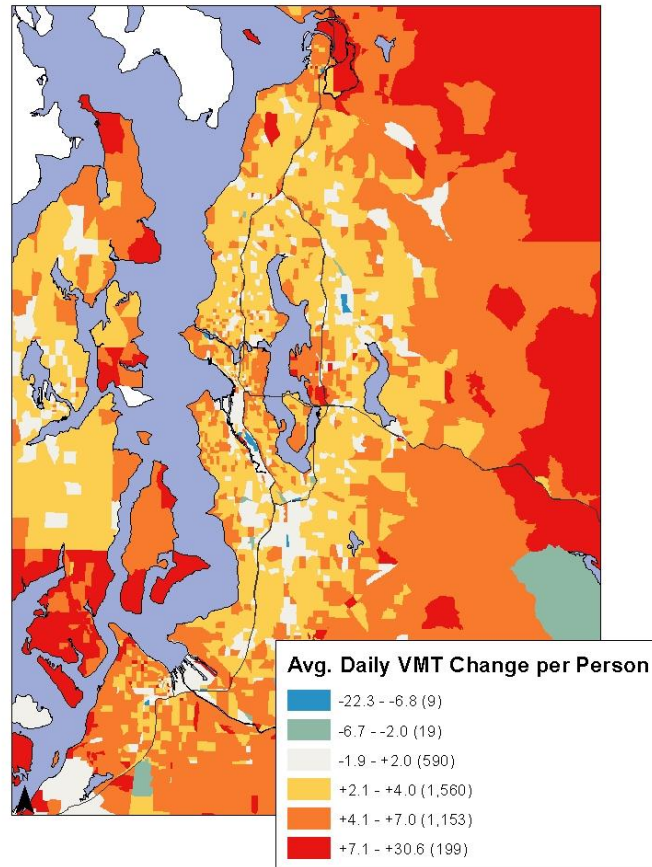


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346

**Figure 2. Accessibility Increase: Scenario 3 minus Base.**

347 This result suggests that AVs, as modeled with assumptions in Scenario 3, would not reduce  
 348 access for any specific group and would actively increase accessibility in regions away from the  
 349 typically highly-accessible urban core. Scenario 3 assumes that driving is easier (increased  
 350 capacity), cheaper (lower parking costs), and more enjoyable (perceived travel time decreases)  
 351 for all users, leading to a jump in accessibility benefits directly through personal vehicle trips.  
 352 Though many Puget Sound residents would enjoy higher accessibility in this scenario, total VMT  
 353 climbs nearly 20%, possibly compromising the region's goals of reducing greenhouse gas  
 354 emissions and containing growth into existing urban areas. Figure 3 shows how these VMT  
 355 increases are dispersed across the region.



356

357

**Figure 3. Scenario 3, Estimated Changes in Average Daily VMT per Person.**

358 This result indicates that average VMT per person in nearly all zones would increase, with the  
 359 most extreme increases occurring in outlying areas, and even in some core zones of central  
 360 Seattle and Bellevue. Zones decreasing in VMT are generally sparsely-populated with few  
 361 samples to properly estimate. Improving regional mobility is one of PSRC's goals, but such  
 362 improvements made through increased personal vehicle trips may be conflicting with  
 363 environmental and land-use targets.

364

## **DISCUSSION and RECOMMENDATIONS**

365

### *Planning Implications*

366 These results imply that AVs could both help and hinder PSRC's policy goals. Speed and  
 367 capacity increases may improve regional mobility, but they also could induce additional demand,  
 368 leading to more VMT, and hence greater greenhouse gas emissions. Reducing perceived travel  
 369 time may provide a more enjoyable traveling experience, but could facilitate longer trips and  
 370 more VMT. The model runs show that improvements in vehicle hours of delay from capacity  
 371 expansion can easily be offset by the reduction in perceived time. The amount of additional  
 372 network capacity this technology can provide is unknown, as are behavioral reactions of  
 373 travelers. These analyses simply show that a range of reasonable assumptions about AV adoption  
 374 could have quite different impacts on regional transportation. For example, if self-driving cars  
 375 are priced per mile, both vehicle miles travelled and vehicle hours travelled could be greatly

376 reduced, by as much as 20 and 30%, respectively, with SOV shares declining 40% and transit  
377 shares almost doubling. Conversely, model assumptions in the first three scenarios indicate  
378 potential for much more VMT and delay, with more people carried in SOVs, generally worse or  
379 equivalent network performance, but higher mobility overall.

380  
381 Self-driving vehicle adoption impacts are addressed in this paper from the perspective of PSRC's  
382 long-range plan goals of mobility, accessibility, and congestion impacts, but future research  
383 should explore potential safety, emissions, and land use changes. Many simplifying assumptions  
384 were used to isolate and test network and behavioral changes potentially associated with  
385 automated technology development. However, if AV use does dramatically change regional  
386 VMT, trip lengths, and mode shifts, it follows that land uses may shift dramatically as well.  
387 Understanding these built environment changes will be very important in planning for future  
388 impacts of AV technology.

389

### 390 *Modeling Implications*

391 Clearly, existing tools are not sufficient for expressing the full range of possibilities that  
392 automated vehicles may present. Many modeling improvements should be made to encapsulate  
393 the behavioral impacts of automated vehicles.

394

395 Linking the travel model to a land use model is a logical next step since the changes in  
396 accessibility may be quite large, and those accessibility changes would clearly impact land use  
397 development patterns.

398

399 The future business model for shared AVs is entirely opaque. At a minimum, this could be  
400 represented more directly with a top-tier taxi mode, which SoundCast currently lacks. Most  
401 recent travel surveys indicate growing shares for taxi and taxi-like trips from ridesharing  
402 services. Including a taxi mode would allow modelers to tweak performance and prices specific  
403 for shared AVs. This would go a long way toward preparing our model for outcomes where  
404 many of us may have robotic chauffeurs.

405

406 In activity-based models, household-owned AVs could be represented as a separate mode from  
407 non-automated vehicles with their own modal constants and variables. Representing AVs as a  
408 separate mode may be necessary if policy makers would like to consider separated lanes for  
409 AVs. As with high-occupancy vehicles and toll links, AVs may need to be modeled a separate  
410 set of user classes with unique values of time and network link attributes.

411

412 The reduction in perceived travel time in AVs would be better modeled by attributing the  
413 improvement in experience of travel time to actual measurable variables as has been researched  
414 with transit (Outwater, 2013). In mode and destination choice models, the stages of automation  
415 could be a set of zero-one variables for the AV mode; assuming that the AV mode would  
416 become more attractive with more automation and that with more automation, travel impedance  
417 variables would have lower coefficients.

418

419 Currently, modelers lack the evidence to add AV-related alternatives and variables into travel  
420 demand models. Because these vehicles do not yet exist but modelers need to incorporate their

421 possible impacts on travel demand, the most straightforward way to understand behavior would  
422 be to conduct a stated preference survey.

423  
424 A stated preference survey about travel behavior using AVs should try to answer some of the  
425 following questions:

- 426
- 427 • How much would different types of people be willing to purchase different levels of  
428 automation and for what price?
  - 429 • Who would prefer to use the AVs as a shared service, and forgo car ownership?
  - 430 • How will people perceive and value their time differently in AVs?
  - 431 • Would people anticipate moving farther away from work?
  - 432 • Would businesses choose to locate farther from the city center?
  - 433 • What aspects of the AVs would cause people change their behavior most such as ability  
434 to work, avoiding congestion, or safety?

435  
436 Stepping further back and thinking about more than just variables and their coefficients, there are  
437 some real shifts in how people perceive travel even today that our models simply don't capture.  
438 Multitasking (e.g. reading/emailing on a smartphone while on the bus), the effect of ingrained  
439 habits and "lifestyle choices" (e.g., a person who really loves driving their luxury car, or another  
440 person who would never consider driving to work even if it had free parking) need to be  
441 incorporated in the next generation of models. Those types of high-level differences will be  
442 amplified when a disruptive technology like AVs are introduced.

443  
444 *Closing Remarks*

445 Self-driving cars are still cars, and there are still only 24 hours in a day. While we have tried to  
446 lay out some reasonable (or at least conceivable) scenarios, for modelers and policymakers alike  
447 it's important to remember that people are still going to behave based on the options available to  
448 them and on the constraints they face in their daily lives. If we make driving easier and cheaper,  
449 we don't need a model to tell us that people will drive more and farther. Policymakers and  
450 planners everywhere have spent decades creating strategies for building vibrant regions that  
451 balance economy, environment, and quality of life. The challenge presented by this technology is  
452 really not much different from many others that have come before.

453  
454 This research is just a starting point. We hope to continue the discussion as we sharpen our  
455 predictive tools in the coming years.

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